



From the Principal's Desk

The Olympics: A Celebration of Unity, Excellence, and Global Sport

The Olympics stand as one of the most celebrated and unifying events in the world of sports, bringing together athletes from every corner of the globe to compete in a spirit of camaraderie and excellence. Originating from ancient Greece, the modern Olympic Games have evolved into a grand spectacle that transcends national boundaries, highlighting the universal values of perseverance, skill, and sportsmanship.

The Origins and Evolution of the Olympics - The Olympic Games have their roots in ancient Greece, with the first recorded games held in 776 BCE in Olympia. These early competitions were dedicated to Zeus, the king of the Greek gods, and featured events such as running, wrestling, and chariot racing. The Games were held every four years and became a central part of Greek culture and religion. In 1896, the modern Olympic Games were revived by Pierre de Coubertin, a French educator and historian, who sought to foster international peace and understanding through sports. The first modern Olympics were held in Athens, Greece, and featured 13 nations competing in 43 events. Since then, the Games have grown exponentially, with over 200 nations participating in a wide range of sports.

The Spirit of the Olympics - The Olympics embody a unique spirit that goes beyond mere competition. The Games are governed by the principles of Olympism, which emphasize the value of sports in fostering peace, understanding, and unity among nations. The Olympic motto, "Citius, Altius, Fortius" (Faster, Higher, Stronger), reflects the pursuit of excellence and the continuous striving for improvement. One of the most iconic symbols of the Olympics is the Olympic Flame, which is lit in Olympia and transported to the host city through a relay. The flame represents the continuity of the Olympic tradition and the illumination of the values of the Games.

The Impact of the Olympics on Global Sport - The Olympics serve as a powerful platform for showcasing athletic talent and promoting sports around the world. For many athletes, participating in the Games is the pinnacle of their careers and a testament to years of hard work and dedication. The exposure and recognition that come with competing on such a grand stage can have a transformative impact on athletes' lives and careers. The Games also play a significant role in popularizing sports that may not receive widespread attention otherwise. Events like figure skating, javelin throw, and modern pentathlon

often gain prominence during the Olympics, sparking increased interest and participation in these sports globally.

Looking Ahead: The Future of the Olympics - The future of the Olympics holds exciting possibilities as the Games continue to evolve. Innovations in technology, such as advanced broadcasting and virtual reality, are enhancing the spectator experience and broadening the reach of the Games. The inclusion of new sports and events, such as skateboarding and surfing, reflects the dynamic nature of the Olympics and the effort to engage younger audiences. The 2024 Paris Olympics and the 2028 Los Angeles Olympics, promise to build on the rich tradition of the Games while embracing new challenges and opportunities. The emphasis on sustainability, inclusivity, and global engagement will shape the future of the Olympics and ensure that they remain a celebration of athletic excellence and international unity.

The Olympics represent a powerful symbol of global unity and athletic excellence. From their ancient origins to their modern incarnation, the Games have continued to inspire and captivate audiences worldwide. As the world looks forward to future Olympic Games, the spirit of the Olympics—embodying the values of peace, understanding, and striving for greatness—will continue to shine brightly, celebrating the very best of human potential and sportsmanship.

- Ms. Sripurna Sarma,
Principal, RIA Sarjapur

Quote of the month

*"Man is a complex being: he
makes deserts bloom
- and lakes die."*

- Gil Scott-Heron



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Van Mahotsav Grade VI and VII

"Where Trees and Hope Blossom Together."

At Ryan International Academy, Sarjapur, we celebrated Van Mahotsav on 6th July 2024, i.e. Saturday with enthusiasm. It holds immense significance in school as it provides a wonderful opportunity to inculcate environmental consciousness and responsibility among students from a young age.

On the occasion of Van Mahotsav, a special assembly was conducted. The day started with the Lord's Prayer followed by scripture reading and special prayer. Ryanites planted saplings at different locations within the school premises. This hands-on activity allowed students to actively participate in the process of tree planting, which enhanced their practical skills and made them understand about the importance of nurturing plants. It served as a platform to educate, inspire, and empower students to become responsible stewards of the environment.

Plantation song sung by students during the plantation drive. One and all present at the celebration chanted the slogan; Each One Plant One. This slogan essentially urges all human beings to plant at least one tree in their lifetime.

By fostering a deep-rooted connection with nature and instilling values of sustainability, we at Ryan International Academy, Sarjapur contributed to creating a generation that values and protects our precious natural resources for a greener and healthier future.

Field Trip to the Primary Health Centre: A Day of Learning and Discovery Grades I to V

At Ryan International Academy, Sarjapur, we truly



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believe in experiential learning. Today, 16th July 2024, i.e. Tuesday was a thrilling day for the primary grade students as they embarked on a field trip to the local health center. This educational outing was not just a break from their routine but an opportunity to learn about health and wellness first hand.

The day began with much anticipation as the students gathered at the school, their faces alive with curiosity and excitement. The teachers reviewed safety rules. Upon arrival at the health center, the students were warmly greeted by the staff, who had prepared interactive stations and activities to engage young minds. The students were guided by knowledgeable staff members who led them through various stations: Vaccination Station, Medical Store and Emergency Preparedness.

At the Vaccination Station, the children learned about the importance of vaccinations. Doctors explained that vaccination is a simple, safe, and effective way of protecting yourselves against harmful diseases, before you come into contact with them. It uses your body's natural defenses to build resistance to specific infections and makes your immune system stronger. At the Medical Store, students learned about the preservation of different medicines. Understanding safety in emergencies was another key focus. The students learned how to dial emergency services and practiced basic first aid techniques like applying bandages. Gardening Workshop was also conducted for students where they learned about different trees and their benefits.

By the end of the trip, the students were buzzing with newfound knowledge and enthusiasm. The field trip to the health center was a resounding success, blending education with excitement in a way that only hands-on experience can be achieved.

Teacher's Workshop

"Anxiety and Stress Management" and "Maintaining Healthy Relationships with Colleagues".



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On Saturday, a teacher's workshop was conducted by the school counselor, Ms. Komal Deshwal, focusing on "Anxiety and Stress Management" and "Maintaining Healthy Relationships with Colleagues". The one-hour session was attended by 31 teachers, aiming to equip them with practical strategies to manage stress and anxiety effectively, and foster a supportive and collaborative work environment.

Ms. Komal began by addressing the common causes and symptoms of anxiety and stress among teachers, highlighting the impact these issues can have on their professional and personal lives. She introduced various techniques such as grounding techniques and deep breathing exercises to help manage stress levels.

The workshop also emphasized the importance of maintaining healthy relationships with colleagues. She discussed effective communication skills, conflict resolution techniques, and the benefits of mutual support and understanding among staff. Interactive activities were incorporated to provide teachers with hands-on experience in applying these techniques.

The session concluded with an open discussion, allowing teachers to share their experiences and ask questions. The workshop was well-received, with teachers noting its relevance and applicability to their daily lives.

Training session on First Aid and Fire Safety

Our Lifeline in time of crisis!

We were thrilled to announce that Ryan International Academy, Sarjapur successfully conducted a comprehensive First Aid and Fire Safety training program for the facilitators, admin staff and support staff on 20th July 2024, i.e. Saturday. We expressed heartfelt thanks to an exemplary trainer, Mr. Murali Kathirmani, for such a stellar training session. His mix of theory, practice, and real-world examples kept the staff engaged and enlightened. The training sessions were intensive, interactive, and tailored to meet the



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specific safety needs of the trainees as it was face-to-face training. The training program was divided into two sessions- First Aid and Fire Safety.

Under First aid training, the trainees are equipped with the knowledge and skills to provide immediate care in case of an injury or sudden illness until professional help arrives. It covered a range of medical emergencies, such as cuts, burns, fractures, cardiac arrest, and choking. Trainees learn to assess situations quickly and perform CPR effectively. "Safety first, be prepared with First Aid." At the end of the session, trainees underwent a test in order to receive a certificate recognized by national and international health and safety standards, validating their competence in providing first aid.

In the next session of fire safety training, trainees were educated on how to prevent, respond to, and evacuate during fire emergencies. Various areas were covered, like understanding fire hazards, using fire extinguishers, and executing emergency evacuation plans. This training was crucial for working professionals as it confirmed that they are prepared to handle fire incidents, thereby reducing risks and protecting lives and property. "Fire safety on, accidents gone." At the end of the session, a fire extinguishing demo was done by all the trainees. Then the trainees took a test in order to receive a certificate, validating their competence in providing fire safety.



Interschool Competition Mont to VII

An inter-school talent competition is an exciting event where students from different schools come together to showcase their skills and creativity in various fields. Typically organized as a friendly yet competitive event, it offers students a platform to demonstrate talents such as singing, dancing, acting, public speaking, and visual arts. On 20th July, Aurora 24, a thrilling inter school competition, illuminated the halls of TCIS (The Cambridge International School) Harlur with the vibrant spirit of competition. This annual event, hosted by TCIS Harlur united schools from across the region to showcase their skills in various disciplines. There are often multiple categories and age groups,

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ensuring that all participants have a fair chance to shine in their respective fields. Subham from grade III and Kiayara from mont bagged prizes for Canvas and Fashionista categories respectively. All other participants also gave their best efforts on that day. Aside from the performances, inter-school talent competitions often include opportunities for networking and cultural exchange among students from different educational backgrounds. This fosters a sense of camaraderie and sportsmanship as students cheer for each other's performances and celebrate diversity in talent. At the end of the competition, winners are announced, and awards or certificates are presented to recognize outstanding performances. The event concludes with a closing ceremony where participants receive applause and congratulations for their efforts and achievements.



Health Check-Up Camp Mont to Grade VII

Teaching and Non-Teaching Staff Ryan International Academy, Sarjapur hosted a comprehensive health check-up camp for all students and staff on 25th and 26th July 2024 (Thursday and Friday). This initiative was part of our ongoing effort to ensure the well-being of our students and to promote a healthy learning environment.

The objectives of this camp were to assess the general health of students and identify any issues that may need further attention, to encourage healthy habits and provide guidance on maintaining overall well-being and to detect potential health problems early, ensuring timely intervention and support. Parents received information and consent forms ahead of the event, allowing them to review and authorize their child participation.

The check-up was organized into several health stations:

Physical Examination: Basic assessment including height, weight, and blood pressure.

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Vision Tests: Screening was conducted to identify any sensory impairment.

Dental Check-Up: Initial examination of dental health.

General Check-Up: General body check-up by General Physicians.

Nutritional Assessment: Evaluation of dietary habits and nutritional needs.

Students had individual consultations with healthcare professionals to discuss results and receive personalized advice. Each student received a summary report of their health status. The check-up raised awareness about health and wellness among students and parents. Early detection of potential issues allowed for timely interventions.

The health check-up at Ryan International Academy, Sarjapur was a valuable initiative that reinforced our commitment to student and staff health. We appreciate the cooperation of students, parents, facilitators and healthcare providers in making this event successful.



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National Doctor's Day Mont I to Grade VII

Celebrating National Doctors Day: Honouring Our Healthcare Heroes National Doctor's Day is an occasion to recognize and appreciate the hard work, dedication, and compassion for doctors who serve our communities. At Ryan International Academy, Sarjapur, we proudly celebrated this day by honouring the remarkable contributions of the medical fraternity to our well-being on July 1st, 2024, i.e. Monday. It served as a wonderful opportunity for educating students about the vital role that doctors play in our lives and communities.



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To make this remarkable day memorable, we invited honourable healthcare providers as guests of honour for the event and recognized their valuable contributions to our communities. A grand welcoming of our special guests, namely Dr. Joseph Mohan (MBBS from St. John's Medical College Hospital) and Dr. Esha Raj (Dentist from Columbia Asia Hospital) was done by respected Principal Ms. Sripurna Sarma with cards and bouquet.



Our Respected Principal Ms. Sripurna Sarma welcomed our special guests Dr. Joseph Mohan (MBBS from St. John's Medical College Hospital) and Dr. Esha Raj (Dentist from Columbia Asia Hospital) with welcome cards and bouquet.



Honourable guests shared their experiences and explained about the importance of doctors, their roles, and how they impact our lives. There It was an interactive session where students asked questions about medical careers and health-related topics to the esteemed guests.

A phenomenal performance was given by Mont students through a ramp walk in doctor's attire which served as a tribute to their unwavering dedication and empathy in treating patients and enhancing public health.

There were a series of activities conducted at different grades in order to honour the birth and death anniversary of the renowned physician Dr. Bidhan Chandra Roy. Grade I and II students presented healthy snacks and spoke about their importance for our bodies. Grades III to V students participated in an Inter-Class Presentation Competition on the topic- "Healthy eating habits and how doctors help us keep healthy". Grade VI and VII students participated in an Inter-Class Elocution Competition on the topic- "Pandemic Preparedness".

The celebration of National Doctor's Day at Ryan International Academy, Sarjapur, was not just about a single day of recognition but a reminder throughout the year of the profound impact doctors have on our lives. Through education, tribute, and interaction, we honoured our healthcare heroes and encouraged young Ryanites to consider the noble path of medicine.

"Not every warrior has armour and sword. Some have white coats and a stethoscope."



ACTIVITIES

International Plastic Bag Free Day- Grades I to VI

World Plastic Bag Free Day is an international observance dedicated to raising awareness about the environmental impact of plastic bags and promoting the adoption of reusable alternatives. In schools, this day serves as an educational opportunity to teach students about the importance of reducing plastic waste and preserving the environment. On World Plastic Bag Free Day in our school, we organized several activities to promote awareness and action against plastic pollution.

Like Calligraphy Paragraph Writing Competition: 'Say No to Plastic, Slogan Writing Competition: Students showcased their creativity through art projects using recycled materials, emphasizing the importance of reducing, reusing, and recycling to protect our planet. By engaging in these activities, our school aimed to empower students with knowledge and encourage them to take practical steps towards a plastic bag-free future.

Talent Show

In our school, the weekly talent round during assembly is a cherished tradition that brings excitement and pride to our student community. Every week, students from different grades and classes are invited to showcase their talents on stage in front of their peers and teachers.

The talent round is a diverse showcase where students exhibit a wide range of abilities and passions. It could feature musical performances, such as singing, playing instruments, or even dance routines that captivate the audience with their skill and creativity. Some students showcase their talents in public speaking, reciting poetry, or delivering inspirational speeches that inspire and motivate their fellow students.

The atmosphere during the talent round is electric, filled with applause and encouragement from classmates and teachers alike. It's a time when our



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school community comes together to appreciate and celebrate the unique talents and achievements of each student. Beyond mere entertainment, the talent round fosters a sense of confidence and self-expression among students, encouraging them to pursue their interests and showcase their abilities with pride.

Moreover, the talent round serves as a platform for nurturing emerging talents and discovering potential leaders in various fields. It's an opportunity for students to shine, gain recognition for their hard work, and inspire others to pursue their own passions.

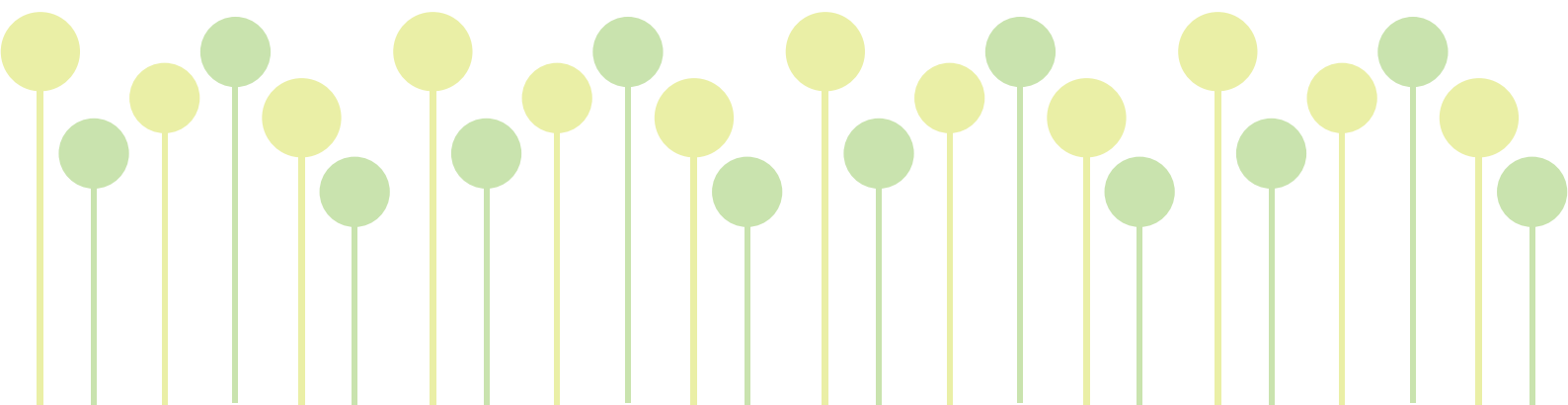
Overall, the weekly talent round in our school assembly is not just a showcase of abilities but also a celebration of diversity, creativity, and the vibrant spirit of our student body. It reinforces our commitment to fostering a supportive and inclusive learning environment where every student's talent is valued and celebrated.

World Population Day Grades III to VII

World Population Day is celebrated annually on 11th July worldwide to focus attention on the urgency and importance of population issues. World Population Day aims to increase people's awareness on various population issues such as the importance of family planning, gender equality, poverty, maternal health and human rights. Each year, the United Nations chooses a theme for World

Population Day to address specific population issues. The theme for 2024 is "Empowering Youth for a Sustainable Future". This theme emphasizes the critical role young people play in achieving sustainable development goals. Unless timely measures are taken, the world population will increase to a point beyond which mother nature can no longer support life on earth.

In schools, World Population Day is an educational opportunity to teach students about the importance of population control and environmental preservation. On this day in our school, we organized several activities to raise awareness about population explosion and its consequences, emphasizing the need for population reduction. Students showcased their creativity through various activities such as Slogan Writing Competition, Poster Making Competition. These activities were designed to enhance students' awareness and understanding of population dynamics, encourage critical thinking about global challenges and inspire them to adopt responsible behaviours and advocate for sustainable solutions. By involving students in such meaningful activities, our school aimed to play a crucial role in shaping informed and proactive future citizens.



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National Parent's Day Grades I to VII

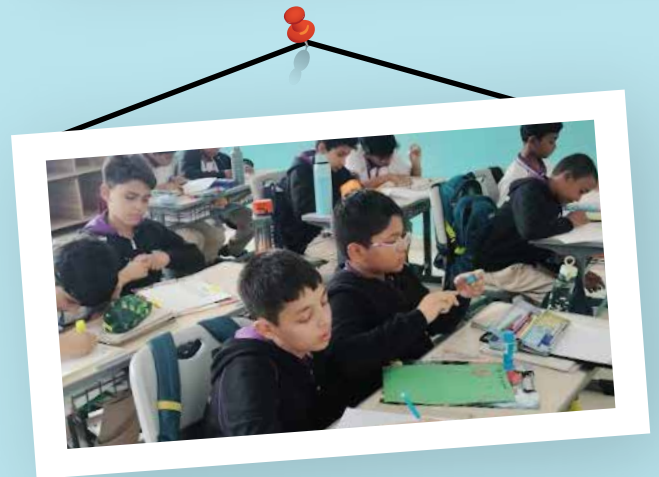
Celebrating the Pillars of Our Lives”

National Parents' Day underscores the fundamental role that parents play in individual development and societal stability. At Ryan International Academy, Sarjapur, we proudly celebrated this day by honouring and acknowledging the indispensable contributions that parents make in nurturing, shaping the future and ensuring the success of their children on 26th July 2024, i.e. Friday.

To make this remarkable day memorable, a special assembly was conducted where a phenomenal performance was presented by Montessori students on the theme of highlighting the importance of parents in our lives. It served as a wonderful opportunity to recognize and appreciate their dedication, hard work, and unyielding love. A series of activities were conducted at different grade levels. Starting from Montessori, children made eye-captivating cards for their parents. Grade I and II students participated in a drawing competition where they portrayed strong bonds with their family on the topic “My Family” or “A Day with my Parents”. Grades III to V students participated in an Essay writing competition on the topic “Why I love my parents” or “My favourite family activity”. They expressed their love and gratitude to their parents through this activity. Grade VI and VII students wrote poems or letters and took a chance to show appreciation for the countless ways parents contribute to shaping their lives.

The purpose behind engaging students in meaningful activities was to foster stronger family-school connections, enhance community spirit, and celebrate the invaluable contributions of parents.

“The love and encouragement of our parents has been our compass. They've guided us through every challenge and triumph.”



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International Tigers Day Grades I to VII

International Tigers Day is celebrated annually on 29th July to raise awareness about tiger conservation. Established in 2010 at the Saint Petersburg Tiger Summit, this day aims to highlight the plight of wild tigers, promote global efforts to protect and preserve their habitats, and foster a sense of responsibility towards saving this endangered species. The day brings together governments, conservation organizations, and the public to address the urgent need for tiger conservation and to support initiatives aimed at increasing the population of tigers in the wild.

Students from grades I to VII participated in the elocution competition, each addressing topics tailored to their grade level. These topics aimed to promote global efforts to protect and preserve tiger habitats and foster a sense of responsibility towards saving this endangered species.

International Friendship Day - Grades I to VII

International Friendship Day is celebrated worldwide on 30th July to honor and appreciate the bonds of friendship. This special day emphasizes the importance of building strong relationships based on trust, support, and mutual respect. Initiated by the United Nations in 2011, the day aims to foster a culture of peace and understanding among different communities and nations.

Friendship is a vital aspect of human life, contributing to emotional well-being and personal growth. Friends provide support during challenging times, share in joys and achievements, and help in developing social skills and empathy. By celebrating friendships, individuals and communities can strengthen their social ties and promote a sense of unity and belonging.

Students from grades I to V participated in a poem recitation competition, each presenting poems on



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topics appropriate for their grade level. Meanwhile, students from grade VI and VII engaged in an inter-class collage-making competition.

ACADEMIC ACTIVITIES

English - Verbs, Group Activity - Dumb Charades Grade - II

A dumb charades activity was conducted with grade II students to reinforce the concept of verbs. It was conducted in the football field to have access to unrestricted space. Some flash cards on action words were kept in the center. Each student had to come forward, pick up a card and enact the action word written on it. The other classmates had to guess the word. This activity fostered **communication and critical thinking** through charades. Students were initially shy, but became more confident and expressive as the game progressed. It was indeed a fun and engaging way to reinforce verbs identification.

Math - Subtraction of One Digit Numbers by Going Forward - Grade - I

A math activity was conducted with grade I students to introduce subtraction of one-digit numbers by going forward using a number line. The objective was to make the concept of subtraction engaging and visually comprehensible for young learners. The activity involved creating a large number line on the floor using. Numbers from 0 to 10 were marked clearly on the line. The teacher introduced subtraction as 'taking away' and demonstrated how to subtract using the number line. For instance, to solve $5 - 2$, the 'jumper' was placed on 2, and then three jumps were taken forward, landing on 2. The students were encouraged to count the jumps forward to find the



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difference. The kinesthetic approach of physically moving the 'jumper' on the number line helped them visualize the concept of subtraction. Students actively participated, asking questions, and demonstrating their understanding through hands-on practice. The activity encouraged students to think critically and find solutions independently. The fun and interactive nature of the activity fostered a positive learning environment.



INNOVATION ACADEMY

Free Energy from Road Class – Grade VII

Students gained a deep understanding of renewable energy technologies, specifically, how mechanical energy can be converted into electrical energy using piezoelectric materials. Students learnt how to design, build, and test prototypes, including the integration of piezoelectric plates into a model roadway and measuring energy output. Students got hands-on experience in designing systems, from conceptualization to practical implementation, which enhances their engineering and technical skills. Successfully completing a complex project boosts students' confidence in their abilities to tackle challenging problems and develop viable solutions.



PASSION BUILDING

Environmental Club

In our school, the mulching activity was a hands-on initiative aimed at promoting environmental sustainability and enhancing the school grounds. Mulching involves covering the soil around plants with a layer of organic material, such as leaves, grass clippings, or wood chips, to conserve moisture, suppress weed growth, and improve soil health.



PASSION BUILDING

During the activity, students and teachers worked together to gather suitable organic materials from the school grounds or nearby areas. They learned about the importance of mulching in retaining soil moisture, reducing erosion, and promoting plant growth.

Once gathered, the organic materials were carefully spread around trees, shrubs, and flower beds in designated areas of the school garden or landscaping. Students were guided on proper mulching techniques, including maintaining an appropriate thickness of mulch and leaving space around plant stems to prevent rot.

Throughout the process, there were discussions on the environmental benefits of mulching, such as reducing the need for irrigation and chemical fertilizers, which contribute to sustainable gardening practices. The mulching activity not only beautified our school environment but also served as a practical lesson in conservation and responsible land management for all participants.



Home Science

Our young learners at Ryan International Academy, Sarjapur had an exciting and educational month with our Home Science classes, focusing on essential life skills. Here is a quick recap of the fun and informative activities we covered. We kicked off the month by teaching our students the importance of health and hygiene. They learned about germs, how they spread, and the best practices to stay clean and healthy. Hands-on learning at its best! Our students created daily hygiene checklists and practiced good habits through engaging role-playing activities. From proper hand washing to brushing teeth, they've got it all covered. Students participated in fun exercise routines and discussed their favorite ways to stay fit. They now know how to keep their bodies strong and healthy!

To wrap up the month, we reinforced all that we have learnt with a fun quiz and group discussions. Our students are now more aware of their health, hygiene, and the importance of regular physical activity.

CELEBRATIONS

Ryan Pinto Sir's Birthday Celebration – Grades I to VII

Celebrations resonated joyously today at Ryan International Academy, Sarjapur, as we marked the birthday of Ryan Pinto Sir, India's youngest social entrepreneur and our cherished role model. The entire school community came together enthusiastically to give a tribute to his vision and leadership. Students eagerly participated in a spectrum of competitions tailored to their interests and talents. The Montessori segment delighted in a 'Show and Tell' contest, sharing heartfelt stories about their beloved toys. Meanwhile, grade I and II showcased their oratory skills in speech competitions and engaged in crafting vibrant birthday caps. Grades III to V tested their linguistic mettle in a spirited spell bee. Emphasizing our commitment to sustainability and environmental awareness, grade VII students planted three saplings, symbolizing growth and our collective dedication to fostering a greener future, a tradition upheld with each birthday celebration at our school. Happy Birthday, Ryan Pinto Sir, from the entire Ryan International Academy, Sarjapur, family. Your passion and dedication inspire us all!



ART CORNER

In July, our students leaped into creativity with our Frog Origami craft activity! They mastered the art of paper folding, transforming simple sheets into delightful amphibians. This activity aimed to develop fine motor skills, hand-eye coordination, and patience, while fostering creativity and self-expression. Under the guidance of our teachers, students carefully crafted their frogs, adding vibrant design details. The result was a "ribbiting" collection of origami frogs that showcased their skill and imagination!





TLm stands for Technology-Enhanced Learning Management. It plays a vital role in teaching by:

Enhancing student engagement: Interactive digital content and multimedia resources increase student participation and motivation.

Personalized learning: TLm allows for tailored instruction and feedback, catering to individual learning styles and needs.

Accessibility: Online resources and learning materials reach a broader audience, including students with disabilities.

Efficient assessment and feedback: Automated grading and immediate feedback save time and improve assessment accuracy.

Data analysis: TLm provides insights into student progress, helping teachers adjust instruction and make data-driven decisions.

Flexibility: TLm supports blended and remote learning, expanding teaching possibilities beyond traditional classrooms.

By integrating TLm, teaching becomes more effective, efficient, and student-centered, leading to improved learning outcomes.

**- Ms. Mamta Saxena,
M.A. (Sociology), B.Ed,
Primary Teacher (Hindi)**

STUDENT'S CORNER

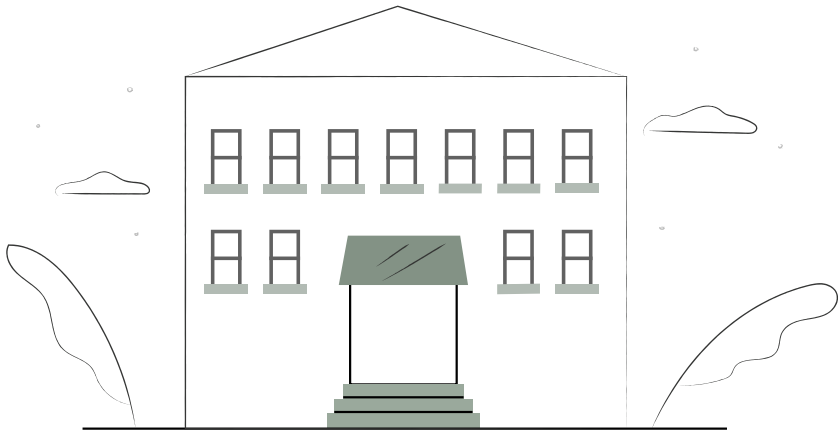
Save Our Mother Earth

No I am not lying
Mother Earth is crying,
The sky is no more bright
The people are all in a food fight
The disasters are increasing day by day
The people are escaping one by one
The trees are all dying
Man is always lying.

-Manotej Upputuri,

Grade - VI 'A'





PARENT'S CORNER

Homework Help: Strategies for Assisting Children with Their Homework and Study Habits

Homework can be a challenging task for children, but with the right strategies and support, parents can help their children develop effective study habits and improve their academic performance. Here are some practical tips to assist your child with their homework:

Create a Dedicated Study Space: Ensure your child has a quiet, well-lit, and organized area specifically for studying and homework. This helps minimize distractions and fosters a productive learning environment.

Establish a Routine: Set a consistent homework schedule that fits your child's natural rhythm. Regular study times help children build a routine and manage their time effectively.

Break Tasks into Manageable Chunks: Encourage your child to break larger assignments into smaller, more manageable tasks. This makes the work less overwhelming and helps maintain focus.

Prioritize Tasks: Teach your child to prioritize their homework based on deadlines and difficulty. Tackling more challenging assignments first can help ensure they're completed while energy levels are high.



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Encourage Independence: While it's important to be available for assistance, encourage your child to attempt their homework independently. This fosters problem-solving skills and self-reliance.

Stay Positive and Supportive: Maintain a positive attitude towards homework and praise your child's efforts, not just their achievements. This helps build confidence and motivation.

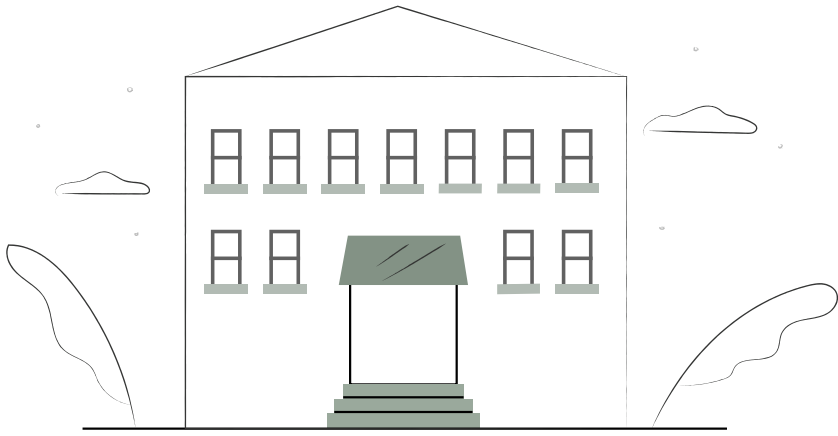
Provide Resources and Tools: Ensure your child has access to necessary resources such as textbooks, stationery, and online tools. Additionally, consider educational apps and websites that can offer extra practice and support.

Be Available for Questions: Let your child know that you're available to help if they get stuck. However, instead of providing answers directly, guide them through the problem-solving process.

Monitor Progress: Regularly check in on your child's progress to ensure they understand the material and stay on track with their assignments. This also allows you to address any issues early on.

Communicate with Teachers: Stay in touch with your child's teachers to understand homework expectations and areas where your child might need extra help. This collaboration can provide valuable insights and support.

Encourage Breaks: Short breaks between study sessions can help improve concentration and prevent burnout. Encourage activities like stretching, playing outside, or having a healthy snack during these breaks.



PARENT'S CORNER

Set Realistic Goals: Help your child set realistic and achievable goals for their homework. This provides a sense of accomplishment and encourages a proactive approach to their studies.

Review and Reflect: After homework is completed, review the work together and discuss what was learned. This reinforces the material and helps identify any areas that may need further attention.

By implementing these strategies, you can create a supportive and effective homework routine for your child, helping them develop strong study habits and achieve academic success..

- Mr. Vishnu Viswaanth,
F/O Shivansh Vishnu, Grade II 'B'

Upcoming Events

- Friendship Day
- World Elephant Day
- Independence Day
- Raksha Bandhan
- Tirangaa
- National Sports Day
- Parent Teacher Meeting

